



## EDMONTON AFTER SCHOOL CARE ASSOCIATION

MEADOWLARK CENTRE -  
9150 - 160 ST.  
EDMONTON, AB T5R 2J2  
PHONE: 780.481.2968



Fall is in the air!

Happy October EASCA families!

I hope everyone had a great first month back to school and everyone is getting in the swing of things. On top of that, I hope everyone is enjoying their time at EASCA!

I wanted to let everybody know, that come January 2022, Wendy will be stepping up as Acting Executive Director, as I'll be taking maternity leave. We are excited to have Wendy step into this role as she's proven to be passionate about EASCA and its success as an organization.

In the meantime, have a safe October 😊

Megan Dykstra

Executive Director



**Oct 4-** Mason M (7 yrs)

**Oct 16-** Chance L (5 yrs)

**Oct 31-** Shawn D (11 yrs)



**Now-Oct 16-** Edmonton Corn Maze, Spruce Grove, AB.

**Oct 1-2-** Stargaze, Elk Island National Park, AB.

**Oct 2-31-** Haunted Pumpkin Festival, Prairie Gardens, Bon Accord, AB.



Oct 1- PD Day (No School)

Oct 11- Thanksgiving (No School. EASCA's closed)

Oct 18- PD Day (No School)

Oct 19- PD Day (No School)

*\*Please have your children at the centre by 9am the latest on PD Days\**

Reminder- EASCA will also be closed on **December 24th** for Christmas Holidays and reopen on **January 3rd**

PLAY IS NATURE'S WAY  
 OF TEACHING CHILDREN HOW TO  
 SOLVE THEIR OWN PROBLEMS,  
 CONTROL THEIR IMPULSES,  
 MODULATE THEIR EMOTIONS,  
 SEE FROM OTHERS' PERSPECTIVES,  
 NEGOTIATE DIFFERENCES,  
 AND GET ALONG WITH OTHERS AS EQUALS.

THERE IS NO SUBSTITUTE FOR PLAY  
 AS A MEANS OF LEARNING THESE SKILLS.  
 THEY CAN'T BE TAUGHT IN SCHOOL.

Dr. Peter Gray, Free to Learn

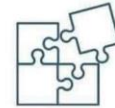
Things we model for our kids,  
whether we realize it or not...

OOPS



how we handle mistakes

how we deal with frustration



how we solve problems



how we take care of ourselves



how we apologize & repair



how we ask for help



how we "speak up" for self & others



how we navigate conflict



how we approach differences



how we care for animals



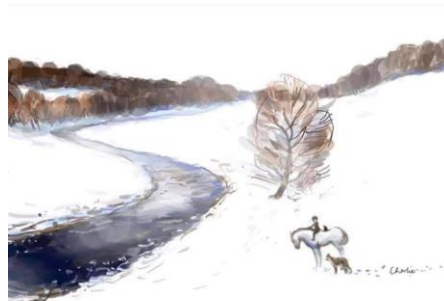
how we care for our environment



how we listen



Just a reminder to our incredible parents and guardians... You're doing amazing.



"One day you'll look back and realise how hard it was, and just how well you did."

A logo for "Friendly Reminder" featuring the text in a white, rounded font on a dark red, shield-like background. This background is centered on a yellow banner with a thin white horizontal stripe.

- Please label your child's articles of clothing, on the tags. A lot of the children wear similar items of clothing and some of them have taken sweaters, jackets and even shoes that don't belong to them.
- Breakfast is between 7:05 am to 8:05 am. Come in between that time if you would like your child to have what is on the menu. If you drop your child off after 8:05 then we will give a small snack like a granola bar or cheese string as that is the time, we begin getting the children ready to go outside for school.
- It is getting chilly outside and it's important that your child brings weather appropriate gear to wear outdoors. We suggest they bring jackets instead of only a sweater. We take the children outside everyday (weather permitting) and some of the children have been getting cold outside without a jacket.
- Please remind your child to bring their belongings home. Sweaters, lunch kits, containers, etc. EASCA can remind your child and help guide them, however independence is what we are striving for. Friendly reminders to your child will help!

*Thanks for your cooperation!*



**Please note the following changes to the COVID screening tool for children under 18:**

Has your child been a household contact of a case of COVID-19 in the last 14 days? A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.

If the answer is "YES" AND they are NOT fully immunized: • Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms.